

Home Peg System



For Rewards and
Consequences

How to Use the Peg System at Home

The Peg System is used to reward children for following the rules and to also give a consequence for not following them.

The child starts the day with their peg on blue. Their peg is then moved up for following the rules or down for not following them. Each time you move their peg, explain the reasons for it being moved. At the end of the day, if the peg is on outstanding, the children receive a reward, for example, an extra 10 minutes on their computer game or a sticker. This reward should be agreed at the start of each day.

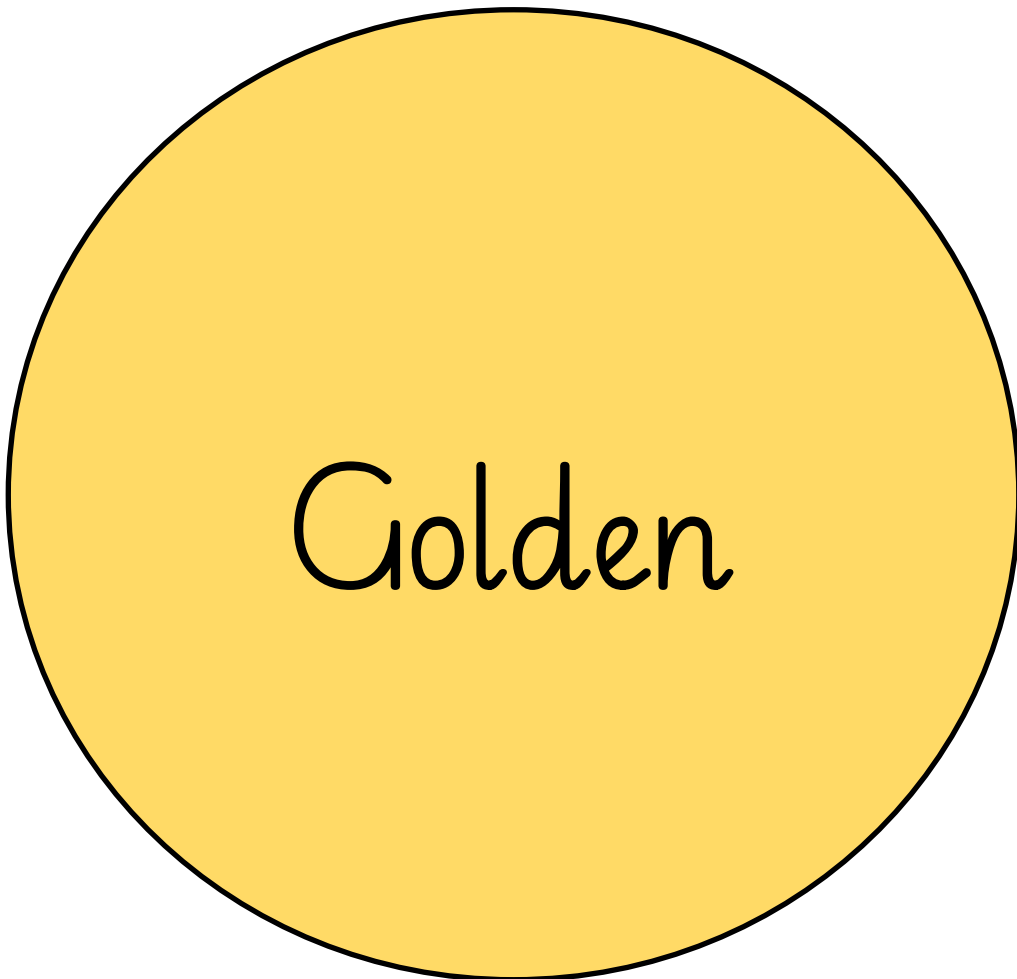
If your child is not following the rules, remind them of the peg system and warn them that if they do not follow them their peg will move down, if they continue to ignore the rules, move their peg down and explain why you have done so.

Our Rules

To be able to move my peg up I must follow these rules:

- 1) I must talk calmly and only say nice things to others.
- 2) I must not shout or scream.
- 3) I must not throw things, hit or kick.
- 4) I must do what an adult asks me to do the first time they ask me to do it.
- 5) If I am upset or worried about something, I must tell an adult and talk calmly.
- 6) I must play nicely and not too roughly.
- 7) I must tidy my toys away when I have finished playing with them.

If I follow the rules I can move my peg up, if I do not follow the rules, I will move my peg down.



A large, solid pink circle with a thin black outline, centered in the upper half of the image.

Super

A large, solid blue circle with a thin black outline, centered in the lower half of the image.

Good



Think about your
actions



Time out



Consequence