



TEAGUES BRIDGE PRIMARY

THE BEATING HEART OF THE COMMUNITY



Friday's Newsletter

6th September 2024



TEAGUES BRIDGE PRIMARY

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Dear Parents and Carers,

WELCOME BACK

A lovely start to the new autumn term. All the children have returned to school looking very smart in their new school uniforms. All children have settled back into the routines really well after a long summer break. The new reception children have completed their first week and start full-time next week, they all seem happy and content in their new classes. Behaviour in school has been excellent, lets hope this continues throughout the term. Just a few reminders as we start a new term.

SCHOOL UNIFORM

Just to say a huge thank-you for how smart your children look on returning to school. All children should be wearing school uniform, black or grey bottoms, white shirt or polo shirt and the school logo jumper or cardigan. When children look smart they behave smart.

TRAINERS

Children should not be wearing trainers, this is not part of our school uniform policy. They can wear trainers at dinner-time and break-time but otherwise they need black shoes. If there is a specific reason for wearing trainers, please ensure they are black and let the school office admin team know.

JEWELLERY:

Our school uniform policy clearly states that children should not be wearing bracelets or necklaces as these can easily get caught when they are playing or doing PE. Also, children should be wearing stud earrings and not hoops or dangly earrings as these are also classed as health and safety hazards. We don't want any children getting hurt as a result of jewellery getting caught on someone's clothing.

PE KITS:

All children should have a school PE kit to wear during their PE lessons. Please don't send children with other sporting attire.

ABSENCE and HOLIDAY REQUESTS:

The new attendance policy was sent out at the end of the summer term. Please ensure you read this. If you did not receive this it can be accessed from the schools website; www.teaguesbridgeprimary.org or alternatively you could ask the office to email you a copy. Holidays in term time will not be authorised unless it is exceptional circumstances. The fine has now increased to £160 per child but if paid before 21 days of being issued it's £80.

Absence from school will also be monitored very closely this term. You could expect a letter home, a meeting with the teacher or a phone call from the Educational Welfare Officer. We are here to help and if there is a difficulty with attendance please come and talk to us.

Lateness will also be monitored closely. Children need to be in school on time. Walking in late to a lesson when everyone has started can be unsettling and embarrassing for a child.

MOBILE PHONES:

Children should not have mobile phones in school unless it is a safety measure because they walk home on their own. If this is the case you must complete the mobile consent form, you can ask the teacher to send one home for you to sign. Mobile phones will be handed in on arrival and locked away until the end of the day.

HAIR TIED BACK:

All children with hair longer than shoulder length should have this tied back, to reduce the spread of headlice.

10 by 10

This is a Telford and Wrekin initiative designed to encourage children to try new things. There are a list of 10 things that children should try before they are 10 years old. You can access all the information at:

10by10.telford.gov.uk

10 by 10 is a fantastic package of activities across Telford and Wrekin that will open your child's eyes to the world, build their confidence and let them have fun.

There are 10 activities children should try before they are 10 years old to help them discover their talents and experience the world. This is the 10 by 10.

From learning to swim, to stepping back in time at a local museum, a happy childhood is full of new and exciting experiences like these.

You can track your child's journey with this 10 by 10 adventure card or online, by creating a 10 by 10 account.

Visit 10by10.telford.gov.uk
or scan the QR code

By creating an account we'll let you know about new 10 by 10 offers and news. You can also search the 10 by 10 website to see what our brilliant borough has to keep your child occupied, fulfilled and getting the best start in life. Whether through taking part in activities at school or by finding local opportunities on the 10 by 10 website, we hope your child can fill in as much of their adventure card as possible.

And who knows, maybe these adventures will spark something in them that you don't expect.



10 THINGS TO TRY

How many will you do?

These are 10 of the best activities to try before you are 10.

You'll find fun, excitement and learn new things.

So what are you waiting for? See how many you can do!

Can you do any already?

1
Join in competitive team sports



2
Play an instrument



3
Learn to swim



4
Take part in drama and performing arts





Protect, care and invest
to create a better borough

5

Visit the
seaside and the
countryside



Given it a go Tried again Getting better Active user

6

Experience
museums,
galleries and
heritage sites



Given it a go Tried again Getting better Active user

7

Take part in
camping trips
and overnight
residential



Given it a go Tried again Getting better Active user

8

Learn to
ride a bike



Given it a go Tried again Getting better Active user

9

Take part in
debating



Given it a go Tried again Getting better Active user

10

Use a
library



Given it a go Tried again Getting better Active user



10BY10

Adventure Card

10by10.telford.gov.uk





Online Safety Newsletter

Sept 2024

Need app ideas?

Internet Matters have curated a list of age-appropriate apps depending on what your aim is when your child is spending time online:

Skill Building apps:

If you would like to help your child develop a new skill, then you might find some useful ideas here:

<https://www.internetmatters.org/resources/skill-building-apps-guide-for-kids/>

Apps to keep your child entertained:

These apps are organised into age groups so you can find an app that is suitable for your child:

<https://www.internetmatters.org/resources/13-great-apps-to-keep-your-kids-amused-in-the-school-holidays/>

Apps to help get your child active:

Again, these apps are organised by age group:

<https://www.internetmatters.org/resources/apps-guide/apps-to-help-kids-get-active/>

Wellbeing apps:

These apps are organised by topic such as sleep aids or managing anxiety and will help your child develop an understanding of how to look after their own wellbeing:

<https://www.internetmatters.org/resources/wellbeing-apps-guide-for-kids/>

Social Media Algorithms

What is an Algorithm?

Algorithms influence what we see on social media platforms and predicts what type of content we are most likely to interact with, thereby keeping us online for longer. The algorithm uses information such as who you follow, what you have searched for and what you have watched, liked or shared to determine what it thinks most interests you, to then show you this content more, for example, in the explore tab on Instagram.



What do I need to know?

Whilst there are benefits to algorithms, for example it means we tend to see content that does interest us, unfortunately there are negatives as well. They can lead to increased screentime as we continue to see things that interest us. Secondly, it can lead to users being shown large amounts of inappropriate content which can exacerbate negative body image or heighten access to misogyny content. It can also lead to 'echo chambers' where you are only seeing content that relates to your opinion rather than seeing a balanced viewpoint.

The Family Online Safety Institute discuss algorithms in more detail as well as tips for you to help your child, such as how to reset their algorithm:

<https://www.fosi.org/good-digital-parenting/how-to-talk-to-your-kids-about-social-media-algorithms>

WhatsApp: chat lock/secret code

You must be at least 13 years old to use WhatsApp. Did you know that you can lock chats as well as apply a secret code setting? If a user locks a chat, then the chat will appear at the top under locked chats but cannot be viewed without your device password or biometric (face id/fingerprint). Furthermore though, a user can apply an additional setting to hide the locked chat (so it does not appear in their chat list and can only be accessed via the search bar). Whilst this feature adds privacy, it can make it difficult to monitor what your child is doing on WhatsApp, which is why it is important to have regular chats with your child.

Snapchat

What is Snapchat?

Snapchat is a social media app used for messaging and sharing photos and videos. You must be 13+ to sign up. Users can send messages (snaps) to others that can only be seen for a set time e.g., 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.

What should I be concerned about?

Risks of using Snapchat include your child viewing content that is not appropriate for them, location sharing and contact from strangers.

NEW safeguarding features

Snapchat have recently announced their newest features to help protect 13-17-year-olds. The features include seeing a warning message if they receive a chat from someone who has been blocked/reported by others. Also, if a teen blocks a user, it will also now block any future friend requests sent from accounts created on the same device (to reduce the potential of bullying). **These two features are available to users aged 13-17-year-olds, this is one of the reasons why it is always important for your child to sign up with their correct date of birth, so they can benefit from such features.** You can find out more as well as about the other new features here: <https://values.snap.com/news/new-features-to-help-protect-our-community?lang=en-GB>

Family Centre

Family Centre is a set of parental controls designed to help you see what your child is doing when using Snapchat. You must have your own Snapchat account to set it up. Family Centre allows you to see who your child is friends with, who they are communicating with (not the contents of conversations though) and who your child has sent messages, photos or videos to in the last week. You will also be able to report any accounts that you are concerned about as well as restrict sensitive content. Snapchat have published a safety checklist to help support conversations about how to use Snapchat safely: <https://parents.snapchat.com/parental-controls>

Safety tips

Please make sure the appropriate privacy settings are set up on Snapchat and your child knows how to block and report other users if necessary: <https://help.snapchat.com/hc/en-gb/articles/7012343074580-How-do-I-change-my-privacy-settings-on-Snapchat>

More information

Parent Zone have published a short 5-minute guide here: <https://parentzone.org.uk/article/snapchat>



Check in on an iPhone

On iOS 17, you can use check in to let others know when you have arrived at a destination. When using check in, it monitors your journey and notifies the other person when you arrive at your destination or if you are not progressing as you should.

You can also use it to specify a period of time so if you are meeting somebody new then you can set a timer and if you don't end the Check In before this time then the other person is notified.

You can find out how to use this feature here: <https://support.apple.com/en-in/guide/iphone/iphc143bb7e9/ios>

Discussing distressing news

Following on from the recent awful events in Southport, INEQUE Safeguarding Group have published an article to help you when discussing distressing news with your child. The article also includes a downloadable resource that children can read when news becomes overwhelming for them.

Find out more here: <https://ineqe.com/2024/08/02/discussing-distressing-news-events-with-children>

Family Quiz for Online Wellbeing Tips

The NSPCC have created a quiz that can be completed as a family to help you have discussions together and find out about the NSPCC's top tips for positive online wellbeing.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/positively-online/quiz/>



Picture News

TAKEHOME

9th - 15th
September



In the news this week

Space agency, Nasa, says two astronauts stuck on the International Space Station (ISS) won't return to Earth until next year. Sunita Williams and Barry 'Butch' Wilmore originally went on an eight-day mission but have currently been in space for three months. The Boeing Starliner spacecraft they were supposed to return on has a problem, so they need to wait for a different space capsule to bring them home in February. The astronauts will continue researching whilst they are there.

Things to talk about at home ...

- How do you think the astronauts felt upon hearing the news that they would be staying much longer in space than originally planned?
- Can you think of a time you were in an unexpected situation or a time when you needed to change your plans? How did you deal with it?



How can we respond to unexpected events?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss

