



PE Policy

October 2024



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Teagues Bridge Primary School

PE Policy

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Governor responsibility	Rose Gregory
Signed by Chair	

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Introduction

At Teagues Bridge Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). PE should provide opportunities for all pupils to become physically active and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

Aims and objectives:

The consistent delivery of high quality PE lessons which are exciting, challenging and enjoyable and provide many varied learning opportunities

- Develop knowledge, skills and understanding across a range of sporting activities.
- Engage in moderate to intense physical activity over sustained periods of time.
- Participate in competitive sports and activities.
- Lead healthy and active lives, picking up positive habits for their future lives.
- To compete in games and activities in a collaborative team.
- To develop Staff competence and confidence in the delivery of high quality PE lessons
- To promote safe practice in all activities.
- To use sport to build pupils self-confidence and self-esteem.
- To encourage involvement in extra-curricular sporting activities and develop community and club links
- Increase participation in competitive sports both in and out of School.

Responsibility for PE at Teagues Bridge Primary School

Mr M Hale (PE Lead Teacher) has overall responsibility for everything relating to PE, Physical Activity and the development, monitoring and review of the provision of PE and Physical Activity.

Mr Hale will consult with the Head Teacher on PE matters and provision and the Head Teacher will advise on aspects such as budget and equipment purchases.

Staff who teach or support in PE should be aware of the Policy and consider how they can support it and staff who provide PE and physical activity should ensure that safe and effective procedures are adopted in all physical activities at all times.

External Partners

To increase opportunities, ensure the children receive quality first teaching and inspire children to be active, we work in partnership with Cross Bar coaching to deliver lessons across the school. Cross bar coaches are expected to work within the framework of this policy.

Teagues Bridge also work in partnership with other sports experience providers to provide engaging and stimulating experiences for the children. Examples of these partnerships include Hoola nation and x basketball experiences

All visitors/coaches are expected to have an up to date CRB/DBS and provide this with photographic I.D (passport/driving licence) on arrival for their session.

This policy should be made available to visitors if reasonably practicable.

Health and safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible, they should be securely taped and the teacher is confident this strategy is effective. Our School has a school PE kit that all children are expected to wear. This kit does not discriminate based on gender, race, disability, sexual orientation or belief.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics in the hall
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.

- School shoes are not permitted to be worn for PE, trainers must be worn for outside activities.

Staff teaching PE should wear the PE kit provided by School and also consider their own and their pupils' safety with regard to their own additional personal clothing, footwear and jewellery when involved in the teaching of any sporting activity.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

Swimming has its own risk assessment and is undertaken by all children in KS2, in the summer term.

PE and School Sports Premium Funding

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at Teague Bridge Primary school. A breakdown of the funding can be viewed on the School website in the form of the Sports premium funding grant document.

Curriculum

PE

All children are taught by a qualified sports coach at least once a week. Children from Years R to Year 2 have at least one, one hour, lesson of PE a week during curriculum time, delivered by the Cross Bar sports coaching. In KS2, children receive 2, one hour sessions, of PE delivered by the sports coaches from Cross bar. In addition, in the summer term, KS2 children receive 30 minutes of swimming coaching each week.

The curriculum at Teagues Bridge Primary School covers the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document. The school works in conjunction with Cross Bar coaching, to ensure progression. Pupils develop physical skills, knowledge and understanding as well as learn about fitness, co-operation and fair play.

Activities taught at Teagues Bridge Primary School

- Games
- Dance
- Gymnastics
- Fundamental Movement Skills
- Games (Softball, Cricket, Basketball, Lacrosse, Table Tennis, Bench Ball, Hockey)

- Outdoor and Adventurous Activities – currently covered during the Arthog residential trip(the school site has been mapped for Orienteering and delivered by the cross bar coaching.)
- Athletics
- Swimming

Assessment

Teachers will assess children's work in PE by making ongoing judgements during lessons; this may be through observation, pupil discussions. Verbal feedback is given to the child to help guide progress. Older children are encouraged to make judgements about how they can improve their own skills and fitness.

Teachers also assess children using the National Curriculum outcomes at the end of each Key stage and will assess progress against these each term to monitor progress over the year.

Participation in PE

We aim for full participation in every PE lesson and aim to do this by:

- A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
- Our curriculum takes into consideration the range of pupils' needs to ensure continuity and progression in learning is provided and PE lessons will be suitably differentiated in order to support and challenge pupils.
- Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative, or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
- Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Students should change into suitable footwear. Parental notes should be received if a child is excluded for any short or long term health reason.

Pupils who do not bring school PE kit receive a letter to their parents outlining the need to provide their child with a school PE kit and the link to the local online supplier is also provided.

Facilities available for physical activity

On-site facilities include (school to include) eg :

- Hall – gymnastics mats, balance benches, box, springboards.

- Playgrounds (KS1 and KS2 separate playgrounds) – to be used during the day for play times, lunch times and PE, both in and out of school hours
- Sports equipment is provided for specific sporting activities. Specialist equipment that is not owned by the school is provided by Cross Bar coaching when required.
- Oakengates leisure centre is used for all swimming lessons

Clothing to be worn during physical activity (before, during and after school)

We ask that all pupils change for PE and wear their School PE kit that includes:

- Blue t-shirt (school jumper is permitted to be on top of the PE T shirt and encouraged during winter months)
- Blue shorts (leggings underneath are permitted)
- Trainers or black PE pumps
- School shoes are not permitted to be worn

Sports Day

We organise an annual multi-sport circuit Sports Day type event at the end of the summer term, which this year we will evaluate to see if a more traditional type of Sports Day may be more suitable for our children. Parents and carers are actively involved to attend and support their children. We have a wide range of sporting activities on the day to encourage participation and success for all children.

Equal opportunities and inclusion

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

Pupils who do not participate in physical activity on a regular and consistent basis will be contacted through their parent or carer.

Training and support for staff

We ensure relevant staff access high quality professional development annually on PE and physical activity to keep them updated on key related issues and ensure they are confident to teach the full breadth of the curriculum. We participate in training and projects run by the LA and other organisations.

Dissemination of the policy

The policy is available to parents and carers and pupils via the school website. Parents and carers and pupils new to the school may be given a summary on request and there is a copy in the school reception area. The full policy is available to parents and carers and pupils on request.

Copies of the full policy are in the staff handbook, the Governors' handbook and Policy reference file, in the school office.